




# OCTOBER 2023 LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>CAFETERIA NEWS</b>	
2  No School	3 K-4 Popcorn Chicken Goldfish Crackers 5-12 Pizza Sub/Bun Steamed Carrots Celery Sticks Peaches Milk	4 Sausage Link French Toast Stick Baked Tator Tots Cucumber Slices Fresh Fruit Milk	5 Chicken Fajita/Shell Lettuce & Cheese Bean Salsa/Hummus Tostitos Pears Milk	6 Big Daddy Cheese Pizza Steamed Broccoli & Cheese Carrot Sticks Mandarin Oranges Milk	<b>K-4 Alternate Lunch Options</b> Mon, Wed, Fri -- PBJ Meal Tues, Thurs --Salad Meal <b>PBJ Meal</b> includes goldfish crackers, veggie and fruit choice, milk. <b>Salad Meal</b> includes goldfish, veggie and fruit choice, dressing cup, milk.    <b>Alternate Daily Lunch Options for 5<sup>th</sup> -12<sup>th</sup> Grades</b> <b>Salad meal-</b> choice of meat and cheese toppings, choice veggie and fruit, bread item and milk <b>PB&amp;J Meal</b> -choice veggie and fruit, bread item, cheese stick or yogurt and milk  Milk choices with meals: 1% white and chocolate and skim strawberry. A' la carte milk \$.50  <i>** Meal Applications can be completed anytime during the school year at <a href="http://linqconnect.com">linqconnect.com</a></i>  <b>New online payment system!!</b> <a href="https://linqconnect.com">https://linqconnect.com</a> is an easy way to track meal balances and make payments.	
9 Chicken Tenders Graham Cracker Baked Fries Carrot Sticks Pineapple Milk	10 Twisted Breadstick Pizza Sauce Seasoned Corn Celery Sticks Applesauce Milk	11 Mini Corn Dogs K-8 Yogurt Cup 9-12 Fritos Baked Beans Cucumber Slices Fresh Fruit Milk	12 Nachos w/Salsa Meat & Cheese Refried Beans Broccoli & Cauliflower Peaches Milk	13 Big Daddy Pepperoni Pizza Side Salad/Dressing Carrot Sticks Pears Milk		
16 Hamburger Patty WG Bun Baked Fries Carrot Sticks Mandarin Oranges Milk	17 Popcorn Chicken Breadstick Bites Seasoned Corn Celery Sticks/PB Cup Pineapple Milk	18 Spaghetti w/meat sauce Garlic Bread Stick Green Beans Cucumber Slices Fresh Fruit Milk	19 Walking Taco Lettuce & Cheese Seasoned Black Beans Applesauce Cookie Milk	20 Big Daddy Cheese Pizza Steamed Broccoli & Cheese Carrot Sticks/Dip Peaches Milk		
23 K-4 Chicken Nuggets K-4 Graham Cracker 5-12 Brd Chicken/Bun Green Beans Carrot Sticks Pears Milk	24 Pepperoni Hot Pocket Steamed Peas Celery Sticks/PB Cup Mandarin Oranges Milk	25 Hotdog/Bun K-8 Fun Size Fritos 9-12 Mac & Cheese Baked Beans Cucumber Slices Fresh Fruit Milk	26 Salisbury Steak Mashed Potatoes/Gravy Bread/Margarine Broccoli & Cauliflower Pineapple Milk	27 Big Daddy Pepperoni Pizza Side Salad/Dressing Carrot Sticks Applesauce Milk		
30 K-4 Popcorn Chicken Goldfish Crackers 5-12 Pizza Sub/Bun Steamed Carrots Celery Sticks Peaches Milk	31 Sausage Link French Toast Stick Baked Tator Tots Cucumber Slices Pears Milk	<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p><b>Lunch Meal Prices for 2023-2024</b></p> <p>K-4<sup>th</sup> grade - \$2.10                      5-8<sup>th</sup> grade - \$2.35</p> <p>9-12<sup>th</sup> grade - \$2.45</p> <p>Reduced Price <del>\$4.00</del> No Cost For Reduced Meals!!</p> </div>				